



*Join us in our Fall Challenge and find your love for fitness!  
Monday, September 2<sup>nd</sup> – Friday, November 1<sup>st</sup>*

## Earn



**1 heart** for every time you come to a class at Just Move Fitness and More



**2 hearts** every time you try a new class at Just Move Fitness and More



**5 hearts** every time you bring a new participant or refer someone to Just Move Fitness and More

## Redeem

**10 Hearts =**

Fall in Love with Fitness water bottle

**20 Hearts =**

Your choice of the following:

- SWEAT Tank
- WERQ Tank
- RIPPED Tank
- Just Move Tank or T-shirt
- SWEAT DVD

**30 Hearts =**

Your choice of the following:

- Customized hula hoop
- \$40 JM Gift Card

*Every time you and your friends and family MOVE,  
you earn rewards that you can redeem at any time for prizes of your choice!  
A surprise reward is waiting for the participant who earns  
the MOST hearts during the 9 week challenge!*

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